

PSALM 6

Structures: Hebrew Parallelism

A) Chiastic Structure / Chiasm

- 1a - 6.1 David fears the **rebuke** of the LORD for himself.
- 1b - 6.2-3a David's **prayer** before the LORD for mercy.
- 1c - 6.3b-5 **Return to me** O LORD and deliver me.
- Central axis - 6.6-7 The **outpouring of David's grief**.
- 2c - 6.8a **Depart from me** all you workers of iniquity.
- 2b - 6.8b-9 David's assurance that the LORD has heard his **prayer**.
- 2a - 6.10 The **rebuke** of the LORD against David's enemies.

B) 3 Strophes / Movements / Turnings.

V. 1-4 / V. 5-7 / V. 8-10

- Key Question: What changed in David's outlook?
- Key Thought: Notice how God is absent in verses 6-7.
- Key Words:

<b>LORD.</b> The covenant name of God.	<b>Sore Vexed.</b> Greatly troubled, alarmed, anxious
<b>Rebuke.</b> Correct, convict; to reprove, judge.	<b>Deliver.</b> To save, pull out, rescue, strengthen
<b>Anger.</b> Nose; ire, rapid breathing in passion	<b>Mercies.</b> Lovingkindness, beauty, goodness
<b>Hot displeasure.</b> Burning anger, rage; wrath	<b>Weary.</b> To be exhausted, to toil
<b>Chasten.</b> Chastise, instruct, discipline	<b>Grief.</b> Vexation, anger, indignation, frustration
<b>Mercy.</b> Kindness to an inferior, pity, favor	<b>Depart.</b> Turn aside, be removed; reject, abolish
<b>Vexed.</b> Troubled, tremble inwardly, agitated	<b>Return.</b> Turn back, come back, bring back

- Key Themes: The LORD. Grief. Mercy.

**LORD:** the God of covenant. The 'I AM'. H3068. Yeh'ho'vaw / Yehovah / Jehovah. Self-existent one / the existing One.

Creator / Provider. Gen 2	_____ of Sin. Gen 3;6;11; Psalm 6	Grace. Gen 6:8
Relationship/Personal. Gen 3;12	Worthy of Worship. Gen 4; 8	Moses. Exodus 3:14-16; 34:5-7

**David's petitions/requests to the LORD:**

Rebuke me not in thine anger Neither chasten me in thy hot displeasure Have mercy upon me Heal me. (Exodus 15:26; Jeremiah 17:14)	_____. Psalm 13:1-2; 35:17; 79:5; 80:4; 89:46; 94:3. Return, O Lord Deliver my soul Save me
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*Parenting tip: do not discipline your child in anger. Step away, calm down, be measured in your discipline.*

**Grief.** Job 6:2, Ecclesiastes 2:22-23. Vexation/trouble, anger, indignation, provocation, frustration.

**Causes** of Grief:

- Spiritual. 1 Kings 15:30 (\_\_\_\_\_). Your own sin, someone else's sin. Trials and temptations.

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- \_\_\_\_\_ . Proverbs 17:25, 21:19.
- Physical / Emotional. Financial; sickness; injuries and pain; depression and worries; death.

### Effects of Grief:

- Emotional / Physical. Weakness - weariness - groaning - crying - weeping - aches. You feel consumed, exhausted and spent.
- Relational. Brokenness; separation; withdrawn. Loneliness, sorrow. Regret, “remember when”
- \_\_\_\_\_. Chastening and rebuke. Heaviness (1 Peter 1:6). But, also glory (1 Peter 1:7), joy (1 Peter 4: 12-14) and ceasing from sin (1 Peter 4:1).

**God wants you to go to \_\_\_\_\_ with all your grief. 1 Peter 5:7 “Casting all your care upon him; for he careth for you.”**

**Jesus is a man of sorrows:** Isaiah 53:3-4 He is despised and rejected of men; a *man of sorrows, and acquainted with grief*: and we hid as it were our faces from him; he was despised, and we esteemed him not. [4] *Surely he hath borne our griefs, and carried our sorrows*: yet we did esteem him stricken, smitten of God, and afflicted.

### Mercy.

\_\_\_\_\_. H2603. To bend or stoop in kindness to an inferior; to be gracious, show favor, pity.

\_\_\_\_\_. H2617. Kheh'-sed / chesed. Lovingkindness; kindness, beauty; goodness, faithfulness. This word is the Hebrew equivalent of 'Agape' love found in the New Testament (G26). 1 John 4:7-11.

- God's great provision: Mercy.
- Our great need. Because...we are sinners, we are needy, we are dependent, we are vulnerable.

What turned David's grief into confidence and faith? How did he get through this darkness to a place of strength. It doesn't exactly say 'How'.

*But, we do know one who experienced grief:* Who went through darkness...Who didn't just ponder death and the grave but was actually dead and in the grave...Who experienced the full rebuke of God's anger and hot displeasure of God's judgment...Whose soul was not just vexed but bruised and crushed...Whose bones were not just vexed but out of joint, and...Who did not ask how long O LORD but My God why hast thou forsaken me?

**This is Jesus. In your grief, look to Jesus.** And because of Jesus, we can **pray** verse 4, and have the \_\_\_\_\_ of verses 8-9.

- Key Question: What changed in David's outlook? He knew the LORD heard his prayer for mercy and deliverance. 1 John 5:14-15